

# Baltinglass

*Outdoor Education Centre*



## Mountain skills Courses

### Dates and Course information

At Baltinglass Outdoor education Centre we provide tailored Mountain Skills programmes in the Wicklow mountains. On the following pages is all the information you require from booking to course dates. All our course follow the BOS mountain skills syllabus.

[www.wicklownec.ie](http://www.wicklownec.ie)

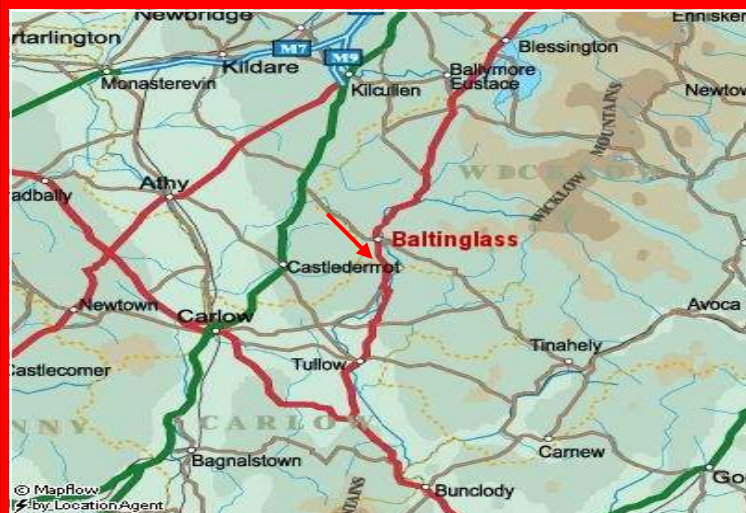
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## Location;

Baltinglass, recently named a heritage town is situated at the foot of the Wicklow Mountains. It lies on the banks of the River Slaney with many sites of exceptional natural and historic interest.

The fact that we are located close to the mountains means we can spend the maximum time on the hills improving your skills, while still being based in a town with all its amenities.



## Our Centre;

Our centre located in the former school buildings in Baltinglass and has been converted to cater for groups of up to 40 participants. There are 3 separate dorm areas, dining room, lecture facilities and a drying room. And a climbing room for those with excess energy after a day on the hills.

### Distances;

Dublin - 36 miles      Belfast - 142 miles

Cork - 160 miles      Kilkenny - 39 miles

Galway - 135 miles      Waterford - 64 miles

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## **Our staff;**

All our staff are fully qualified and have undergone rigorous scrutiny before commencing work at the centre. They have many years experience and will ensure each participant gets the full benefit of that experience.

## **Equipment;**

All specialist equipment is supplied, although the following personal equipment is required.

Walking boots, Waterproof jacket,  
Waterproof trousers, Gaiters,  
Warm outdoor wear  
(fleece and thermals),  
Hat and gloves, Compass  
- Silva type 4,  
Head torch (plus spare battery),  
Day rucksack, Waterproof  
rucksack liner, small first aid kit,  
Sheet 56 and 62 maps.



Baltinglass abbey

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## **Course outline;**

Mountain skills enables people to gain the skills and techniques to enjoys the hills safely and as a pre-requisite for the mountain leader training course. The course is spread over two weekends containing mountain skills 1 and 2 respectively.

The course covers navigation, equipment, emergency procedures, steep ground, night navigation and much more. There is also some theory as well although the course is very practical and hands on.



## **Dates;**

Please see our website for dates.

[www.baltinglassoec.com](http://www.baltinglassoec.com)

## **Insurance;**

Baltinglass Outdoor education Centre is fully insured by Irish Mutual Bodies Ltd.

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To Book/Enquiries;

Tel: 059 6481002 / 6481747

Fax: 059 6482128

E-mail: [info@baltinglassoec.com](mailto:info@baltinglassoec.com)

Baltinglass Outdoor Education Centre  
Weaver Square  
Baltinglass  
Co. Wicklow

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## Co. Wicklow V.E.C.

County Wicklow vocational educational committee is a statutory body set up under the Vocational act 1930 to provide educational services to the community and the county.

The committee provide a range of educational services through its second level schools, further education college, adult education centres and through its adult and community education programmes.

Baltinglass outdoor education centre began offering outdoor education programmes to schools in 1989.

For more details on our services please visit,

[www.wicklowvec.ie](http://www.wicklowvec.ie)